



## À La Carte - Starters (continued)

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
King Scallops (*Contains Alcohol)			King Scallops with Penderyn Whiskey Butter*			✓				✓								
			Crispy Carmarthen Ham															
			Baby Spinach															
Orange & Sage Chicken Liver Pâté (*Contains Alcohol)			Orange & Sage Chicken Liver Pâté*							✓								
			Crostini															✓
Welsh Lamb Skewers			Marinated Lamb Skewers															
			Llaeth Y Llan Minted Yoghurt								✓							
Beetroot & Goats' Cheese Terrine	✓		Beetroot & Goats' Cheese Terrine							✓								
			Toasted Hazelnuts									M					✓	
			Alex Gooch Sourdough															✓
Welsh Rarebit Croquettes	✓		Welsh Rarebit Croquettes	✓					✓	✓							✓	
			Spiced Pear Chutney															
Asparagus Bruschetta	✓	✓	Asparagus, peas & gremolata															
			Plant-based Cream Cheese Alternative															
			Alex Gooch Sourdough															✓

## À La Carte - Mains

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
Welsh Lamb Cawl			Lamb Cawl												✓			
			Alex Gooch Sourdough															✓
			Shirgar Welsh Butter									✓						
			Dragon Cheddar Cheese									✓						
Welsh Lamb Cawl (Gluten Free Option)			Lamb Cawl															
			Gluten-Free Roll	✓														
			Shirgar Welsh Butter									✓						
			Dragon Cheddar Cheese									✓						
Baked Hake & Cannellini Beans			Baked Hake				✓											
			Cannellini Beans with Chorizo, Garlic, Chilli & Spinach															
			Mojo Verde															
Rosemary & Maple Salmon			Marinated Baked Salmon Fillet				✓											
			Roasted Garlic New Potatoes															
			Tenderstem® Broccoli															
Lentil Cottage Pie	✓	✓	Lentil Cottage Pie								✓						M	
			Mashed Potato Topping															
			Seasonal Greens															
Pancetta & Parmesan Chicken			Roasted Chicken Breast															
			Garlic, Rosemary & Parmesan Cream Sauce								✓							
			New Potatoes															
			Seasonal Vegetables									✓						
Slow-Roasted Pork Belly			Pork Belly															
			Spiced Braised Red Cabbage															
			Cheese & Onion Cake									✓						
			Wholegrain Mustard Cream Sauce								✓	✓						

## À La Carte - Steaks

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten			
Steaks			7oz Welsh Fillet																	
			8oz Welsh Sirloin																	
			8oz Welsh Rump																	
	✓	✓	Juicy Marbles® Thick Cut Fillet										✓							
Steak Accompaniments	✓		Triple-Cooked Chips																	
			Baked Portobello Mushroom																	
			Baked Tomato																	
			Watercress																	
Steak Accompaniments (Vegan Serve)	✓	✓	Triple-Cooked Chips																	
			Baked Portobello Mushroom																	
			Baked Tomato																	
			Watercress																	
Steak Sauces			Peppercorn Sauce							✓										
	✓	✓	Mojo Verde																	
			Soubise Sauce							✓										

## À La Carte - Sides

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
Triple-Cooked Chips	✓	✓	Triple-Cooked Chips															
			Rosemary Sea Salt															
Welsh Cheese & Onion Cake	✓		Welsh Cheese & Onion Cake							✓								
Tenderstem® Broccoli			Tenderstem® Broccoli															
			Chilli Oil															
Tenderstem® Broccoli (Vegan option)	✓	✓	Tenderstem® Broccoli															
			Chilli Oil															
Crushed Baby Potatoes <small>(*NOT Suitable for vegetarians due to animal-based rennet used in the parmesan cheese)</small>			Crushed Baby Potatoes															
			Parmesan & Herb Butter*								✓							
Baked Leek Gratin	✓		Baked Leek Gratin							✓								✓
Buttery Leeks	✓		Leeks, Cabbage & Peas															
			Shirgar Welsh Butter								✓							
Buttery Leeks (Vegan option)	✓	✓	Leeks, Cabbage & Peas															
			Dairy-Free Butter Alternative															

## À La Carte - Desserts

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
Sticky Toffee Pudding	✓	✓	Sticky Toffee Pudding	✓						✓							✓	
			Caramel Sauce								✓							
			Vanilla Ice Cream								✓							



## Brunch & Lunch - Brunch

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten		
Vegan Full Welsh Breakfast*	✓	✓	Vegan Quorn® Sausages*														✓		
			Mushroom & Tomatoes																
			Laverbread		M														
			Baked Beans																
			Alex Gooch Sourdough																✓
			Flora® Dairy-Free Spread																
Steak & Eggs			Chargrilled Minute Steak																
			Fried Egg	✓															
			Roasted Cherry Tomatoes																
			Triple-Cooked Potatoes																
6oz Welsh Beef Burger			Pretzel Bun							M							✓		
			6oz Beef Patty															✓	
			Caramelised Onion, Rocket & Tomato																
			Welsh Rarebit						✓	✓									✓
			Triple-Cooked Chips																
			Red Slaw	✓															

## Brunch & Lunch - Sandwiches

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
Bread Choices:	✓	✓	Alex Gooch Rustic White Sourdough														✓	
			Alex Gooch Seeded Malthouse Sourdough															✓
			Gluten Free Roll	✓														
Served With:	✓	✓	Vegetable Crisps															
Croque Monsieur			Croque Monsieur (Carmarthen Ham, Smoked Cheese, Dijon Mustard & Bechamel)						✓	✓				M			✓	
			↳ add: Egg	✓														
Mushroom Welsh Rarebit Toastie			Mushrooms & Tarragon															
			Welsh Rarebit						✓	✓								✓
			↳ add: Egg	✓														
Chargrilled Steak			Sirloin Steak															
			Parmesan Butter								✓							
			Tomato & Rocket															
Daffodil Club			Chargrilled Chicken Breast															
			Smoked Back Bacon											M				
			Lettuce & Tomato															
			Mayonnaise	✓														
Tiger Prawn, Avocado & Tomato			Tiger Prawns		✓	M	M											
			Avocado															
			Lettuce & Tomato															
			Marie Rose Sauce	✓														
Chickpea & Carrot	✓	✓	Smashed Chickpeas								✓							
			Carrot Salad						✓									
			Rocket															

\*(There have been rare cases of allergic reactions to products containing mycoprotein. Mycoprotein is made with a member of the fungi/mould family. It is high in protein and fibre which may cause intolerance in some people.)

# Brunch & Lunch – Breakfast Rolls

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten
<b>Bread Choices:</b>	✓	✓	Pretzel Bun							M							✓
	✓		Gluten Free Roll	✓													
<b>Smoked Back Bacon</b>			Smoked Back Bacon											M			
			Shirgar Welsh Butter							✓							
<b>Pork &amp; Leek Sausage</b>			Pork & Leek Sausage														✓
			Shirgar Welsh Butter							✓							
<b>Bacon, Sausage &amp; Egg</b>			Smoked Back Bacon											M			
			Pork & Leek Sausage														✓
			Fried Egg	✓													
			Shirgar Welsh Butter							✓							
<b>Plant-Based Sausage*</b>			Vegan Quorn® Sausages*														✓
			Flora® Dairy-Free Spread														
<b>Condiments</b> (Brands may vary, check product packaging)			Stokes Tomato Ketchup												✓		
			Stokes Brown Sauce														

# Sunday – Sunday Roasts

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
<b>Protein Choices</b>			<b>Roasted Topside of Beef</b>															
			↳ Served with: Yorkshire Pudding	✓						✓							✓	
			<b>Garlic &amp; Rosemary Lamb</b>															
			↳ Served with: Apricot Sausage Meat Stuffing															✓
			<b>Half Roast Chicken</b>															
			↳ Served with: Sage & Onion Sausage Meat Stuffing															✓
			<b>Welsh Pork Loin</b>															
			↳ Served with: Pork Crackling, Sage & Onion Sausage Meat Stuffing															✓
			<b>Roast Turkey Breast</b>															
		↳ Served with: Sage & Onion Sausage Meat Stuffing, Pig In Blanket															✓	
	✓	✓	<b>Mushroom &amp; Sage Wellington</b>														✓	
<b>Condiments &amp; Gravy</b>	✓	✓	Cranberry Sauce															
	✓	✓	Caramelised Apple Sauce															
	✓	✓	Mint Sauce															
	✓		Horseradish Sauce															
	✓	✓	Gravy															
<b>Vegetables</b>	✓		Carrots							✓								
	✓		Beetroot															
			Duck Fat Roast Potatoes															
	✓		Baked Leek Gratin							✓							✓	
	✓		Honey Roast Parsnips															
	✓		Broccoli							✓								
	✓		Peas & Green Beans							✓	✓							
✓		Red Cabbage							✓									

\*(There have been rare cases of allergic reactions to products containing mycoprotein. Mycoprotein is made with a member of the fungi/mould family. It is high in protein and fibre which may cause intolerance in some people.)



## Children's Menu - Mains

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten			
Sausage, Egg & Chips			Pork & Leek Sausage															✓		
			Fried Egg	✓																
			Triple-Cooked Chips																	
			Choose: Baked Beans										✓							
			Or: Garden Peas										✓							
Vegan Sausages	✓	✓	Vegan Quorn® Sausages*															✓		
			Triple-Cooked Chips																	
			Choose: Baked Beans										✓							
			Or: Garden Peas										✓							
Welsh Minute Steak			Chargrilled Minute Steak																	
			Triple-Cooked Chips																	
			Garden Peas										✓							
Chicken Nuggets			Chicken Nuggets	✓						✓								✓		
			Triple-Cooked Chips																	
			Choose: Baked Beans										✓							
			Or: Garden Peas										✓							
Breaded Fish Fingers			Breaded Fish Fingers	✓			✓			✓								✓		
			Triple-Cooked Chips																	
			Choose: Baked Beans										✓							
			Or: Garden Peas										✓							
Welsh Lamb Cawl			Lamb Cawl												✓					
			Alex Gooch Sourdough																✓	
			Shirgar Welsh Butter								✓									

## Children's Menu - Sunday Roasts

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten	
Children's Sunday Roasts			Refer to "Sunday - Sunday Roasts" section															✓

## Children's Menu - Desserts

Dish	Suitable For Vegetarians	Suitable For Vegans	Item	Egg	Crustaceans	Molluscs	Fish	Lupin	Mustard	Dairy	Legumes incl. Peanuts	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten			
Sticky Toffee Pudding	✓		Sticky Toffee Pudding	✓						✓								✓		
			Caramel Sauce								✓									
			Vanilla Ice Cream									✓								
Vanilla Ice Cream	✓		Vanilla Ice Cream							✓										
			Choose: Caramel Sauce								✓									
			OR: Raspberry Coulis									✓								

Information correct to the best of our knowledge at the time of publication (28/11/2024)

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